DEPARTMENT OF PARKS AND RECREATION



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Recommendations for Leagues Post COVID-19

Here are the recommendations that the leagues should adhere when they resume play post COVID-19. Leagues can resume play effective immediately.

League:

- 1. Follow all local and state guidelines for facilities.
- 2. Soccer fields should be spaced out to allow for crowd control. Baseball games should have staggered start times so everyone is not there at the same time.
- 3. Recommend concession workers to wear face mask and gloves. Make sure they are utilized currently to ensure there is no cross contamination.
- 4. Sanitize/provide new balls for games to prevent cross contamination.
- 5. Provide hand sanitizer/wipes at each dugout/bench/sideline.
- 6. All coaches need to practice social distancing when coaching.
- 7. Each team is responsible for cleaning their respective dugout/sideline. All trash is to be removed of and disposed in the trash can.
- 8. A league official should go disinfect each dugout/bench between games.
- 9. Allow for ample time between games for disinfecting and teams to clear the area.
- 10. Encourage no sunflower seeds/spitting.

Players:

- 1. If an athlete is experiencing symptoms of sickness, they will be prohibited from playing.
- 2. All athletes must follow 6-foot physical distancing when not on the field.
- 3. Games balls must be designated for each team playing defense.
- 4. No sharing of equipment. Each player is responsible for their own equipment.
- 5. No high fives and handshakes. Suggest other means of celebrations and team sportsmanship at the end of each game. (i.e. tip hats/visors, or bow to each other at the end of the game)
- 6. No water coolers. No sharing of drinks. Encourage players to bring their own water/drink containers.

Parent/Spectators:

- 1. If a parent is experiencing symptoms of sickness, then they will need to keep the player and themselves at home.
- 2. All spectators must follow 6-foot physical distancing.
- 3. It is recommended for parents to bring their own chairs when spectating.