



HERNANDO COUNTY HEALTH AND HUMAN SERVICES

September 2018



SLEEP IN HEAVENLY PEACE

Sleep in Heavenly Peace is an organization that builds and delivers beds to children who do not have a bed. Their motto is “No Kid Sleeps on the Floor in Our Town”.



Helping Children in Need Sleep Better

All children deserve a safe, comfortable place to lay their heads. In Idaho and across the US, too many boys and girls go without a bed—or even a pillow—to sleep on. These children end up sleeping on couches, blankets, and even floors. This can affect their happiness and their health.

That’s where Sleep in Heavenly Peace comes in. They are a group of volunteers dedicated to building, assembling and delivering top-notch bunk beds to children and families in need. Their organization has grown steadily over time, and they are working on opening more chapters in different states to serve more people.

The Tampa Bay North Chapter is available to Hernando County.

Location: You must live near one of our active chapters (see the [Contact Us](#) page for a list of locations).

Living Environment: You must have an accessible house or apartment with a room large enough to fit one of their beds.

Contact: They must be able to contact you via phone, text or email.

Necessary Documents: You’ll need to fill out their online SHP Application Form. If your application is accepted, you’ll need to sign an Indemnification Release Form (you can do this when your bed arrives). You can submit the application here: [ONLINE BED REQUEST](#)

If you are unable to fill out the online application, please contact your [Chapter President](#). **Email the Tampa Bay North Chapter:** scott.barcz@shpbeds.org

To qualify as a bed recipient, you must be the legal guardian of the child or children receiving the bed. Please submit the online SHP Application Form mentioned above.

Selecting a Recipient: Once they receive an application, their selection committee will review it. Selecting a recipient isn’t done on a first-come, first-served basis—they make their decisions based on which children need beds the most.

They make and deliver beds as supplies and donations allow. When they are out of beds or bedding, they file unselected applications away until they can make more. Unfortunately, they can’t guarantee that every applicant will get a bed.

Sleep in Heavenly Peace is 100% volunteer-driven and donation-driven.

<https://www.facebook.com/SHPTampaBayNorth/>

<https://www.shpbeds.org/> Contact by phone: 844-432-2337



Health and Human Services
621 West Jefferson Street,
Brooksville, FL 34601
Phone : (352) 540-4338
Fax: (352) 540-4339
Website: <http://www.hernandocounty.us/departments/departments-f-m/health-human-services>

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HEALTH AND HUMAN SERVICES

Mission Statement:

Providing diverse services designed to assist with resolving human service needs through state mandates, direct services, advocacy and networking.

Goal: To provide interim assistance to Hernando County residents in an effort to promote social and economic self-sufficiency.



EMPLOYMENT AND EDUCATION

EMPLOYMENT LINKS

CareerSource Pasco Hernando:

352-200-3020

www.careersourcepascohernando.com

IR Staffing: 1-800-261-9188

www.irstaffing.us

Temporary Employment Agencies:

People Ready: 352-796-3264

www.laborready.com

Spherion: 352-796-6000

www.spherion.com

Manpower: 352-592-8071

<https://www.manpower.com>

Education Links

Hernando Adult Education Program:

352-797-7018

<https://www.hernandoschools.org/Domain/1037>

Pasco-Hernando State College:

352-688-8798 www.phsc.edu

Suncoast Technical Education Center:

352-352-797-7091

www.sunteched.com/

Mid Florida Community Services, Inc.—Head Start in Hernando County:

888-227-0010

www.mfcs.us.com/programs

Early Learning Coalition of Pasco & Hernando Counties, Inc.:

352-754-5068

www.phelc.org/vpkparentinformation.php

Vocational Rehabilitation <https://www.careersourcepascohernando.com/>

Help is Here!
SCHOLARSHIPS FOR FLORIDA SCHOOLCHILDREN
StepUpForStudents.Org
Apply by September 30th

The Reading Scholarship Accounts allows parents with children in public school to access services for their children who are having trouble reading. The Reading Scholarship, administered by Step Up For Students, was created to help public school students who struggle with reading. The program offers parents access to education saving accounts, worth \$500.00 each, to pay for tuition and fees related to part-time tutoring, summer and after-school literacy programs, instructional materials and curriculum related to reading and literacy.

Who is Eligible: 3rd thru 5th grade public school students who scored a 1 or 2 on the 3rd or 4th grade English Language Arts section of the Florida Standards Assessment in the prior year.

Students who are classified as English Language Learners, and who are enrolled in a program or receiving services that are specifically designed to meet the instructional needs of English Language Learner students, will receive priority. **For more information:** <https://www.stepupforstudents.org/> or call 1-877-773-7837. **To apply:** <https://www.surveygizmo.com/s3/4511134/PROD-Reading-Scholarship-Application>

The Reading and HOPE Scholarships are **open** for application at this time. Apply by September 30, 2018 for the upcoming school term. Applications are accepted throughout the year for the following school term.

COLLEGE INFORMATION NIGHT

Technical Schools !
Two-Year and Four-Year Colleges and Universities
Apprenticeship Opportunities
Armed Forces !
Scholarship and Financial Aid Info !

when
THURSDAY
13 SEPT 2018
STARTS: 6:00 PM
ENDS: 7:30 PM

where
NATURE COAST TECHNICAL H.S.
4057 California Street
BROOKSVILLE
FLORIDA 34604

Questions? Contact Jodi Grinnen at (352)797-7051 (ext. 446)

COLLEGE BOUND

HOSD

Everything you need to know about college and careers...in one place...at one time!

This event provides prospective students in PHSC's two-county service area with a one-stop opportunity to get information about admissions, financial aid, and programs for post-secondary study. High school students, their parents, and prospective students of all ages are encouraged to attend. For more information, see your high school guidance staff. College night is **free and open to the public**.

Thursday, September 13, 2018. 6:00pm—7:30pm . Nature Coast Technical HS, 4057 California St. Brooksville, FL 34604

“Education is the most powerful weapon which you can use to change the world” ~ Nelson Mandela

HOUSING AND SHELTER

Single Family Housing Repair Loans & Grants

Also known as the Section 504 Home Repair program, this program provides loans to very-low-income homeowners to repair, improve or modernize their homes or grants to elderly very-low-income homeowners to remove health and safety hazards.

To qualify, you must:

- Be the homeowner and occupy the house
- Be unable to obtain affordable credit elsewhere
- Have a [family income](#) below 50 percent of the area median income
- For grants, be age 62 or older and not be able to repay a repair loan

Applicants may [check the address](#) of their home to determine eligibility.

How may funds be used?

- Loans may be used to repair, improve or modernize homes or remove health and safety hazards
- Grants must be used to remove health and safety hazards

Some but not all conditions of the grant include:

- Maximum loan is \$20,000
- Maximum grant is \$7,500
- Loans and grants can be combined for up to \$27,500 in assistance
- Loans can be repaid over 20 years
- Loan interest rate is fixed at 1%
- Full title service is required for loans of \$7,500 or more
- Grants have a lifetime limit of \$7,500
- Grants must be repaid if the property is sold in less than 3 years
- If applicants can repay part, but not all of the costs, applicants may be offered a loan and grant combination
- Home loans are available year round as long as funding is available
- Home loan applications are processed in the order they are received

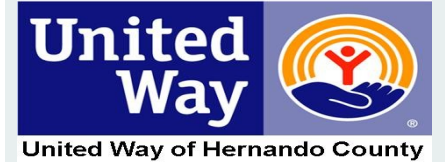
How long does an application take? Approval times depend on funding availability in your area. Talk to [a USDA home loan specialist in your area](#) for help with the application

Serving HERNANDO County, Florida

CHAMPIONS GATE AREA OFFICE	NRCS-RD-FSA STATE OFFICE	Hernando County Health and Human Services is also available to assist.
8390 CHAMPIONS GATE BLVD SUITE 210 DAVENPORT, FL 33896	4440 NW 25TH PL GAINESVILLE, FL 32606-6563	Contact our office at: 352-540-4338
(863) 420-4833 (855) 474-8230 Fax	(352) 338-3400 (352) 338-3405 Fax	
Catrina Southall Area Director catrina.southall@fl.usda.gov	Sydney Gruters State Director sydney.gruters@fl.usda.gov	



LIVE UNITED



Jericho Road Ministries

<http://www.jericho-road.net/>

The Dawn Center

<http://www.dawncenter.org/>

New Beginnings Shelter

<http://www.yfainc.org/>

The Life Center

<http://www.lifecenterofhernando.com/>

Mid-Florida Homeless Coalition

<http://www.midfloridahomeless.org/>

HHS Listing of Area Shelters

<http://www.hernandocounty.us/HealthandHumanServices/homeless/index.asp>

HHS Low and Affordable Apartment Listing

<http://www.hernandocounty.us/HealthandHumanServices/housing/index.asp>

Hernando County Housing Authority

<http://www.hernandocounty.us/housing/>

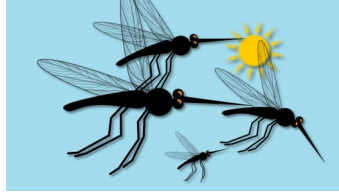
Hernando Down Payment Assistance Program—NSP3

<http://www.hernandodownpayment.com/>

PHYSICAL AND MENTAL HEALTH

DRAIN AND COVER TO PREVENT MOSQUITO BITES

The Florida Department of Health reminds residents and visitors that it is important to Drain and Cover to prevent mosquitoes from breeding. Everyone can take simple precautions to protect themselves and their neighbors from mosquito-borne illnesses.



The risk of disease transmission through bites of infected mosquitoes to humans often increases during the warm, rainy months. To protect against mosquitoes, the department urges the public to “**Drain and Cover:**”

DRAIN standing water:

- Drain water from garbage cans, buckets, pool covers, coolers, toys, flowerpots or any other containers where sprinkler or rainwater has collected.
- Discard old tires, drums, bottles, cans, pots and pans, broken appliances and other items that aren't being used.
- Empty and clean birdbaths and pet's water bowls at least once or twice a week.
- Protect boats and vehicles from rain with tarps that don't accumulate water.
- Maintain swimming pools in good condition and appropriately chlorinated. Empty plastic swimming pools when not in use.

COVER your skin with:

- Clothing Tips - If you must be outside when mosquitoes are active, cover up. Wear shoes, socks, long pants and long sleeves.
- Repellent Tips - Apply mosquito repellent to bare skin and clothing. Always use repellents according to the label. Repellents with 10-30 percent DEET, picaridin, oil of lemon eucalyptus and IR3535 are effective.
- Use mosquito netting to protect children younger than 2 months old.

COVER doors and windows with screens:

- Keep mosquitoes out of your house. Repair broken screening on windows, doors, porches and patios.

Tips on Eliminating Mosquito Breeding Sites:

- Clean out troughs and gutters;
- Remove old tires or drill holes in those used in playgrounds to drain;
- Turn over or remove empty plastic pots;
- Pick up all beverage containers and cups;
- Check tarps on boats or other equipment that may collect water;
- Replace water in birdbaths and pet or other animal feeding dishes at least once a week;
- Change water in plant trays, including hanging plants, at least once a week; and
- Remove vegetation or obstructions in drainage ditches that prevent the flow of water.

For more information: <http://www.floridahealth.gov/newsroom/2018/08/082418-drain-cover-prevent-mosquito-bites-Article.html>



Hernando Cares

<http://hernandocares.org/>



NAMI –National Alliance of Mental Illness: <http://www.flnamihernando.org/>



BayCare Behavioral Health: <https://www.baycare.org/services/behavioral-health>

Coast2CoastRx

Free Discount Prescription Card



- Save up to 75% on prescriptions
- Individuals or families can use
- 60,000 participating pharmacies
- Use immediately with no paperwork to fill out
- No health restrictions – Everyone is accepted
- No fee ever charged for the card
- Save on brand and generic drugs
- Covers drugs not covered in health plans
- Covers many pet prescriptions

Save on your family's dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services – all non-insurance discounted benefits – call 1-800-931-8872 or go to www.coast2coastrx.com for more information on all benefits and to print out a card, search for a provider and see frequently asked questions.

Cards can be obtained at :
Hernando County Health & Human Services

621 West Jefferson
Brooksville, FL 34601

PHYSICAL AND MENTAL HEALTH

Alzheimer's Family Organization Support

Alzheimer's Family Organization support groups are for family members, caregivers, and others interested in learning more about the disease and coping skills. Meetings below are free and open to all:

Brooksville Regional Hospital, Medical Arts Building, Enrichment Center, Suite 120, 17222 Hospital Blvd. in Brooksville, every Monday at 1:00p.m.

Hernando County Mining Association, Enrichment Center, 800 John Gary Grubbs Blvd, Brooksville every third Tuesday of the month at 1:00p.m.

Spring Hill Regional Hospital, Medical Arts Building, Suite 105, 10441 Quality Drive, in Spring Hill, every second Wednesday of the month at 1:00p.m.

For details, call John at (352) 232-0081 for Brooksville locations or Pam at (352) 688-1262 for Spring Hill.

In **Mental Health First Aide** classes, people get a better understanding of how to recognize and offer initial aid to someone who may be experiencing [a mental health or substance use crisis](#) (or are in an escalating panic situation). Attendees are shown how to ask if a person is distressed, and how to intervene on their behalf. MHFA courses also spell out a clear, five-step action plan to help individuals in crisis connect with the right professionals and peers. The course also covers any community resources available, as access to care is a crucial piece of the puzzle. . <https://flnamihernando.org/>



2018 Mental Health First Aid Trainings

Available for **FREE** in Hernando County

MHFA is an 8 hour public education course that introduces participants to the risk factors and warning signs of mental illnesses; including anxiety, depression, substance use, bipolar disorder, eating disorders, and schizophrenia, builds understanding of their impact, and provides an overview of common supports. Participants who have attended and received their certifications as "Mental Health First Aiders" have stated to have learned new techniques to stay calm in offering aid to someone who is living with a mental health disorder, to not have judgment, the link between tobacco use and mental health illness.

To attend a free training at BAYCARE email: sandra.marrero@baycare.org
To attend a free training at NAMI Hernando email: namihernando@tampabay.rr.com

September 6, 2018- NAMI Hernando
October 18, 2018- BayCare Behavioral Health
November 10, 2018- NAMI Hernando



Training Materials
Provided by:



Florida Department of Health, Hernando County

7551 Forest Oaks Blvd.
Spring Hill, FL 34606

And 300 S. Main Street
Brooksville, FL 34601
352-540-6800

<http://hernando.floridahealth.gov/>



Premier Health Care

352-518-2000

<http://www.premierhc.org/>

Florida KidCare

Florida KidCare

888-540-5437

<https://www.healthykids.org/apply/>



Apply for assistance from any computer with an internet connection at: <https://dcf-access.dcf.state.fl.us/access/index.do>

Paper applications available at your local Customer Service Center. Go to: <http://www.dcf.state.fl.us/programs/access/map.shtml> to find a center near you.

For More Information call Toll Free: (866) 762-2237

Crescent Community Clinic

5244 Commercial Way Spring Hill 34606
(352) 610-9916



For more information visit:

www.crescentclinic.org

VETERAN SERVICES

Forever GI Bill Expands VA Educational Benefits

Effective Aug. 1, the U.S. Department of Veterans Affairs (VA) implemented 15 more provisions of the [Harry W. Colmery Educational Assistance Act of 2017](#), also referred to as the Forever GI Bill.

These provisions, in addition to the 13 implemented since the law was signed less than a year ago, will have an immediate and positive impact on Veterans and their families using VA benefits to pursue their educational goals.

Some of the provisions that began Aug. 1 include:

- Recipients of a Purple Heart awarded on or after September 11, 2001: are now eligible for full Post 9/11 GI Bill benefits, for up to 36 months.
- Military and Veteran families who have lost a family member can now reallocate, transferred Post 9/11 GI Bill benefits.
- Additional Guard and Reserve service now counts toward Post 9/11 GI Bill eligibility.
- Post 9/11 GI Bill students may now receive monthly housing allowance for any days they are not on active duty.
- Expansion of the [Yellow Ribbon Program](#), which makes additional funds available for GI Bill students, now covers more students.

More provisions are scheduled related to science, technology, engineering and math benefit extensions; increased benefit levels; a pilot program for high-technology training geared toward upskilling” Veterans to enter the workforce quickly; and another expansion of the Yellow Ribbon Program, which will be implemented by Aug. 1, 2022.

For detailed information, visit the [Forever GI Bill – Harry W. Colmery Veterans Educational Assistance Act page](#). Webinars about the legislation and process are available during the month of September 2018. Please visit the [Education and Training webpage](#) for information.

Questions about GI Bill benefits are available at the Education Call Center, 888-442-4551 from 7 a.m. to 6 p.m. (CST) Monday through Friday. You can also join the conversation via [Facebook](#) or follow Veterans Benefits Administration on [Twitter](#).

“Honor the soldier and sailor everywhere, who bravely bear his country’s cause. Honor, also, to the citizens who cares for his brother in the field and serves as he best can, the same cause” ~ Abraham Lincoln

Hernando County

Veterans Services Information



VA Outpatient Clinic

Brooksville CBOC
14540 Cortez Blvd, Suite 108
Brooksville, FL 34613
Keith Growe
LCSW / Social Worker
Phone: (352) 597-8287 Ext. 4121
Fax: (813) 631-3458
Email: keith.growe2@va.gov



Career Source Pasco Hernando Veteran Employment Services

7361 Forest Oaks Blvd.
Spring Hill, FL 34606
Marty Monegro:
(352) 200-3022



Your Local Veteran Service Office

Tony Graham HM2 USN, (FMF)

Veteran Services Manager, CVSO

tgraham@co.hernando.fl.us

621 West Jefferson Street

Brooksville, FL 34601

Phone (352) 754-4033

Fax (352) 754-4726

Monday - Friday

8 AM - 5 PM Closed 12-1 for Lunch

Visit our website to see all of the benefits available to Hernando County Veterans

Services, Medical Facilities, Shuttle

Services, Form & Publications & Much More!!

For more information go to:

<http://www.hernandocounty.us/departments/departments-n-z/veteran-services>

COMMUNITY EVENTS

International Coastal Clean-up, Hernando County

September 29, 2018

8:00 AM - 2:00 PM EDT

Florida Sea Grant and UF/IFAS Extension in Hernando County is teaming up with local businesses, County Government and local clubs to host the 2018 International Coastal Cleanup in Hernando County. They need all the help we can get!

Volunteers will be working hard to clean up the Hernando County Coast Line, Weeki Wachee River and Weeki Wachee Preserve, Linda Pedersen Park, Rodgers Park and surrounding areas.

You can participate on Land or Sea. Boat, Kayak, Bicycle or Walk .

Check-in is at the Linda Pedersen Park. You will need to sign in for your supplies and assignment. Let's all work together to keep Hernando County Beautiful!

Linda Pedersen Park, 6300 Shoal Line Blvd. Spring Hill, FL. Hernando County

For More Information Contact: Brittany Hall-Scharf or Theresa Weglarz at 352-754-4433 or [Send an Email](#)



Hernando YMCA Arts & Crafts Fair

Join the YMCA for the 10th Annual Arts and Crafts Fair!! Get ready for amazing handcrafted items from great vendors, including jewelry, metals, glass, painting, photography, handcrafted designs, custom bags, soaps, food and more.

Admission is FREE and OPEN to the Community!

September 29, 2018

9AM - 2PM

1300 Mariner Blvd. Spring Hill, FL 34609

352-688-9622

**CELEBRATE
CREATIVITY!**

Arts & Crafts Fair Sept. 29
at the Hernando Y!

OUR
10th
YEAR!



VOLUNTEERS NEEDED

FREE THANKSGIVING MEAL

Volunteers needed to for assisting with Thanksgiving Meal on November 22, 2018

At

Hernando Mission Church

6032 Barclay Avenue

Spring Hill, FL 34609

Choose your preference of times:

10:00am -13:30pm or 12:00pm - 2:30pm

Please RSVP by October 31, 2018

Contact: 352-206-1653 or 352-596-1878

HOT MEALS SITES & MORE



Free Meal

Every

Wednesday

5 - 6 PM

375 S. Broad Street
Brooksville, FL 34601
352-587-2425



First United Methodist Church of Spring Hill

Receive a hot nutritious meal
4:00 PM - 5:30 PM every Tuesday
9344 Spring Hill Drive, Spring Hill
for all those in need for more information
call (352) 683-2600 Ext. 1

Northcliffe Food Ministries



Soup Kitchen

Every Thursday

11 AM - Noon

Served in the Fellowship Hall

Northcliffe Baptist Church

10515 Northcliffe Blvd

Spring Hill, FL 34608

352-683-5882

www.northcliffeonline.org



HERNANDO MISSION

6032 Barclay Ave
Brooksville, FL. 34604



Hernando Mission

Seventh-day Adventist Church

MONTHLY FOOD DISTRIBUTION: EVERY FOURTH THURSDAY OF EACH MONTH
TIME OF DISTRIBUTION 10:00 AM--12:00 NOON

PHONE: (352) 596-1878

www.hernandomissionchurch.org

Like & Follow: Facebook.com/hernandomission



Grace's Closet

Free Clothing for the family
1 bag every 4 weeks

Food Pantry

2 food bags once every 2 months

Grace Presbyterian Church

8375 Spring Hill Drive

352-683-2082

Open Tuesday 9—11 am

God's Clothes Closet

Open 9:30am—1:10pm

Christ Lutheran Church

475 North Ave. W

Brooksville, FL 34

352-796-8331

Joseph's House Brooksville

823 Josephine St., Brooksville, FL 34601

352-600-8295 - <http://jhbv.org>

Free Hot Meal

Every Friday at 5 PM



FEED THE HUNGRY

St. Joan of Arc Catholic Church

offers "In His Footsteps"

soup & sandwich outreach program

The 1st Thursday of every month

Noon to 2:00 PM

Parish Hall of the Church

13485 Spring Hill Dr., Spring Hill

The meal is free of charge. For more information, please call 352-688-0663

Our Community



DOING THE MOST GOOD

The Salvation Army

15464 Cortez Blvd.
Brooksville, FL 34613
352-796-1186

Every Tuesday

Hot Meal: 11:AM - 12:30PM

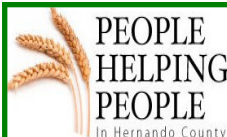
Food Pantry: 9AM - 1PM

Bread & Pastries

Mon. Thurs. .

9:00 AM - 4:00 PM

Fri. 9:00AM - 1:00PM



AN INTERFAITH COMMUNITY
SERVING PEOPLE IN NEED

People Helping People In Hernando Co

Free Sunday Dinner Every Sunday 4 PM - 5:30 PM

Senior Citizens Center of Hernando County

7925 Rhanbuoy Rd Spring Hill, FL 34606

Free Meal

Every Tuesday at 2:00 PM - 3:00 PM
Next to Mophead,
1400 Kass Circle., Spring Hill, FL 34606

Every Tuesday at 4:00 PM - 5:00 PM
In the Winn Dixie Parking Lot Brooksville
1230 Broad Street, Brooksville, FL 34601

Ron Van Matre 352-686-4466

www.phpinhc.org