



# HERNANDO COUNTY HEALTH AND HUMAN SERVICES

## January 2019



**Hernando County Employees Gives to The Salvation Army and The Arc Nature Coast During the Holidays.**



**ANGEL TREE**  
Angel Gift Donations

Health and Human Services  
621 West Jefferson Street,  
Brooksville, FL 34601  
Phone : (352) 540-4338  
Fax: (352) 540-4339  
Website: <http://www.hernandocounty.us/departments/departments-f-m/health-human-services>

### INSIDE THIS ISSUE

- Employment & Education.....2
- Housing .....3
- Physical & Mental Health.....4
- Physical & Mental Health.....5
- Veteran Services.....6
- Community Events.....7-8
- Hot Meals Sites & More.....9

### HEALTH AND HUMAN SERVICES

#### **Mission Statement:**

Providing diverse services designed to assist with resolving human service needs through state mandates, direct services, advocacy and networking.

**Goal:** To provide interim assistance to Hernando County residents in an effort to promote social and economic self-sufficiency.



# EMPLOYMENT AND EDUCATION

## EMPLOYMENT LINKS

**CareerSource Pasco Hernando:**  
352-200-3020  
[www.careersourcepascohernando.com](http://www.careersourcepascohernando.com)

**IR Staffing:** 1-800-261-9188  
[www.irstaffing.us](http://www.irstaffing.us)

**Temporary Employment Agencies:**

**People Ready:** 352-796-3264  
[www.laborready.com](http://www.laborready.com)

**Spherion:** 352-796-6000  
[www.spherion.com](http://www.spherion.com)

**Manpower:** 352-592-8071  
<https://www.manpower.com>

## Education Links

**Hernando Adult Education Program:** 352-797-7018  
<https://www.hernandoschools.org/Domain/1037>

**Pasco-Hernando State College:**  
352-688-8798 [www.phsc.edu](http://www.phsc.edu)

**Suncoast Technical Education Center:** 352-352-797-7091  
[www.suntech.com/](http://www.suntech.com/)

**Mid Florida Community Services, Inc.—Head Start in Hernando County:** 888-227-0010  
[www.mfcs.us.com/programs](http://www.mfcs.us.com/programs)

**Early Learning Coalition of Pasco & Hernando Counties, Inc.:** 352-754-5068 [www.phelc.org/vpkparentinformation.php](http://www.phelc.org/vpkparentinformation.php)

**Vocational Rehabilitation** <https://www.careersourcepascohernando.com/>



Need money for college or higher education. The Florida Department of Education, Office of Student Financial Assistance offers a variety of student financial aid. Just look below.

## State Scholarship and Grant Programs

- [Access to Better Learning and Education Grant](#)
- [Benacquisto Scholarship Program \(FAQ\)](#)
- [Bright Futures Scholarship\\*](#)
- [Effective Access to Student Education](#)
- [First Generation Matching Grant](#)
- [Florida Farmworker Student Scholarship\\*](#)
- [Florida Student Assistance Grant - Career Education](#)
- [Florida Work Experience Program](#)
- [José Martí Scholarship Challenge Grant\\*](#)
- [Mary McLeod Bethune Scholarship](#)
- [Minority Teacher Education Scholarship](#)
- [Rosewood Family Scholarship\\*](#)
- [Scholarships for Children and Spouses of Deceased or Disabled Veterans\\* \(Award Amounts\)](#)

Applying is easy. For more information visit: <https://www.floridastudentfinancialaidsg.org/SAPHome/SAPHome?url=home>



## Notice to Employees Minimum Wage in Florida

The **2019 minimum wage in Florida** is **\$8.46** per hour, effective **January 1, 2019**, with a minimum wage of at least **\$5.44 per hour for tipped employees**, in addition to tips. The minimum wage rate is recalculated yearly September 30, based on the Consumer Price Index.

An employer may not retaliate against an employee for exercising his or her right to receive the minimum wage. Rights protected by the State Constitution include the right to:

1. File a complaint about an employer's alleged noncompliance with lawful minimum wage requirements.
2. Inform any person about an employer's alleged noncompliance with lawful minimum wage requirements.
3. Inform any person of his or her potential rights under Section 24, Article X of the State Constitution and to assist him or her in asserting such rights.

For details, see Section 24, Article X of the State Constitution and Section 448.110, Florida Statutes. <http://www.floridajobs.org>

“Education is the most powerful weapon which you can use to change the world” ~ Nelson Mandela

# HOUSING AND SHELTER



## Hernando County's Point in Time Count is January 22, 2019

The Point in Time Count is an effort to learn more about the individuals and families experiencing a housing crisis. In order to accomplish local and federal goals toward ending homelessness, it is important to know who is experiencing a housing crisis, where they are, and better understand the factors surrounding their housing situation.

Therefore, on **January 22, 2019** community volunteers and agencies that work with the homeless are teaming up to count individuals and families in our community whose regular housing situation may not be suitable sleeping accommodations for humans, such as cars, parks, benches, abandoned buildings, woods, someone's backyard, garages, sheds, etc.

Part of the strategy for the unsheltered count is to conduct interviews at various locations that the homeless may visit like food pantries, hot meal sites, libraries, hospitals, etc.

***Volunteers are needed. Training for volunteers will be held at the following location and time.***

**January 9, 2019 @ 8:15am**

**Catholic Charities, 8370 Forest Oak Blvd, Spring Hill, FL 34606**

If you are not able to volunteer but would like to help; please consider contacting Mid Florida Homeless Coalition, **352-860-2308** to complete a Housing Survey or report to your information if the following occurs.

- You have information regarding individuals or families who lack a fixed regular nighttime residence;
- You have information on an individual or family whose primary nighttime residence is a public or private place not designed for sleeping accommodation of humans, such as a car, park, abandoned building, camping grounds, woods, someone's backyard, garage or shed, etc.;
- You are a faith based or charitable organization, federal, state, or local government program paying for someone to stay in a hotel or motel on January 22, 2019;
- You are interested in donating. All donations are welcomed; however, some suggestions include socks, chap stick, bug spray, personal hygiene items, gift cards, diapers, etc.



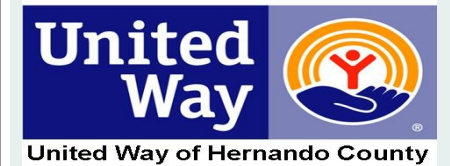
## Let's Make Everyone Count!

National Street and Shelter Point-in-Time Count

JANUARY 2019



## LIVE UNITED



**Jericho Road Ministries**

<http://www.jericho-road.net/>

**Dawn Center**

<http://www.dawncenter.org/>

**New Beginnings Shelter**

<http://www.yfainc.org/>

**The Life Center** [http://](http://www.lifecenterofhernando.com/)

[www.lifecenterofhernando.com/](http://www.lifecenterofhernando.com/)

**Mid-Florida Homeless Coalition** [http://](http://www.midfloridahomeless.org/)

[www.midfloridahomeless.org/](http://www.midfloridahomeless.org/)

**HHS Listing of Area Shelters**

<http://www.hernandocounty.us/HealthandHumanServices/homeless/index.asp>

**HHS Low and Affordable Apartment Listing**

<http://www.hernandocounty.us/HealthandHumanServices/housing/index.asp>

**Hernando County Housing Authority**

<http://www.hernandocounty.us/housing/>

**Hernando Down Payment Assistance Program—NSP3**

<http://www.hernandodownpayment.com/>

# PHYSICAL AND MENTAL HEALTH



**Hernando Cares**

<http://hernandocares.org/>



**NAMI –National Alliance of Mental Illness:** <http://www.flnamihernando.org/>



**BayCare Behavioral Health:** <https://www.baycare.org/services/behavioral-health>

<https://www.baycare.org/services/behavioral-health>

Coast2CoastRx

**Free Discount Prescription Card**



- Save up to 75% on prescriptions
- Individuals or families can use
- 60,000 participating pharmacies
- Use immediately with no paperwork to fill out
- No health restrictions – Everyone is accepted
- No fee ever charged for the card
- Save on brand and generic drugs
- Covers drugs not covered in health plans
- Covers many pet prescriptions

Save on your family's dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services – all non-insurance discounted benefits – call 1-800-931-8872 or go to [www.coast2coastrx.com](http://www.coast2coastrx.com) for more information on all benefits and to print out a card, search for a provider and see frequently asked questions.

Cards can be obtained at :  
**Hernando County Health & Human Services**  
 621 West Jefferson  
 Brooksville, FL 34601



## WOMEN'S HEALTH SCREENING & Education Day



Join us for **FREE** health screening & healthy lifestyle information!

**Thursday, January 17, 2019**  
**7am – 4pm**

Appointments are encouraged. Walk-ins welcome!

### FREE:

- Clinical Breast Exam
- Pelvic Exam
- Pap Test
- Blood Pressure Test
- Body Mass Index (BMI)
- Giveaways
- Health Information

### LOCATIONS:

**Brooksville Family Health Center**  
 300 S. Main Street  
 Brooksville, FL 34601

**Women's Health Center**  
 38030 Daughtery Road  
 Zephyrhills, FL 33540

**Dade City Family Health Center**  
 14027 5th Street  
 Dade City, FL 33525

**Spring Hill Family Health Center**  
 7551 Forest Oaks Blvd.  
 Spring Hill, FL 34606

**New Port Richey Family Health Center**  
 2114 Seven Springs Blvd.  
 Trinity, FL 34655

**Zephyrhills Family Health Center**  
 37920 Medical Arts Court  
 Zephyrhills, FL 33541

**Hudson Family Health Center**  
 11611 Denton Avenue  
 Hudson, FL 34667

Free for uninsured. Most insurance plans accepted (including Medicaid). Please call 352-518-2000 to schedule an appointment.

### EVENT PROVIDERS:



Donna E. Connors, MD, FACOG  
 New Port Richey



Yordemys Collozo, ARNP  
 Brooksville



Wilma A. Da Souza, MD  
 Dade City



Jennifer Lynne Harper, MD, FACOG  
 Zephyrhills



Delisa Heron, MD  
 Zephyrhills



Erin Jones, FNP-BC  
 Spring Hill



John D. Petrelli, MD  
 Hudson

[www.PremierHC.org](http://www.PremierHC.org) | 352-518-2000

## PHYSICAL AND MENTAL HEALTH



**Teams of 10 people, losing 10 lbs, in 10 weeks for only \$10!**

Help become a #HealthierHernando and join 2019's Great Hernando Weight Loss Challenge.

Cash prizes are available and you get a **FREE T-Shirt** if you Pre-Register before Jan 4th.

### **Kick-Off/Weigh-in Event**

**Time:** Saturday, January 19, 2019 at 9:00am - Noon

**Place:** The Hernando County Mining Association Enrichment Center, 800 John Gary Grubbs Blvd., Brooksville, FL 34601

**Final Weigh-in:** Wednesday, March 27, 2019

**Awards Celebration:** Saturday, April 6, 2019 Location and Time TBA

**Guidelines:** Visit [Facebook.com/GHWLC](https://www.facebook.com/GHWLC)

Questions? Contact: Angie Bonfardino-Walasek at 352-688-2026 or Ann-Gayl Ellis at 352-540-6817 or email at [greathernando@gmail.com](mailto:greathernando@gmail.com)

Follow The Challenge on Facebook for updates and tips throughout the 10 weeks at [www.facebook.com/GHWLC](https://www.facebook.com/GHWLC).

**#greathernandoweightlosschallenge**

### **Dementia Care Seminar**

United Way of Hernando County is hosting their Annual Dementia Care Seminar for families and professional caregivers focusing on loved ones living with Dementia or Alzheimer's. This FREE Seminar is open to the community and offers educational and interactive discussion highlighting struggles, solutions, and the power of hope. There will be refreshments, helpful vendors, resources, and free memory screenings conducted by Renstar Medical Research.

**When: Thursday, January 24, 2019, 9:30 to 12:00pm**

**Where: St Frances Cabrini Church, Main Hall, 5030 Mariner Blvd, SH 34609**

**RSVP by calling 352-688-2026 or emailing [oureach@UnitedWayHernando.org](mailto:oureach@UnitedWayHernando.org).**



**Florida Department of Health, Hernando County**

7551 Forest Oaks Blvd.  
Spring Hill, FL 34606

And 300 S. Main Street  
Brooksville, FL 34601  
352-540-6800

<http://hernando.floridahealth.gov/>



**Premier Health Care**

352-518-2000

<http://www.premierhc.org/>

**Florida KidCare**

**Florida KidCare**

888-540-5437

<https://www.healthykids.org/apply/>



Apply for assistance from any computer with an internet connection at: <https://dcf-access.dcf.state.fl.us/access/index.do>

Paper applications available at your local Customer Service Center. Go to: <http://www.dcf.state.fl.us/programs/access/map.shtml> to find a center near you.

For More Information call Toll Free: (866) 762-2237

**Crescent Community Clinic**

5244 Commercial  
Way Spring Hill  
34606  
(352) 610-9916



For more information visit:

[www.crescentclinic.org](http://www.crescentclinic.org)

# VETERAN SERVICES



**MOVE!** is a FREE weight management, health promotion program designed to improve the lives of Veterans.

The Weight Management Program is supported by VA's National Center of Health Promotion and Disease Prevention (NCP). MOVE!'s core ideas - encouraging healthier eating behavior, increasing physical activity, and promoting even small weight losses are easy to follow and based on the latest in nutrition science. With the help of your MOVE! care team, you can reduce health risks, prevent or reverse certain diseases, improve your quality of life, and even live longer!

Every VA Medical Center has a dedicated MOVE! Coordinator who is available to assist you if you are interested in losing weight. Many VA Community –Base Outpatient Clinics offers MOVE! also.

There are many ways to participate in MOVE! However only veterans receiving care in the VA can enroll in the MOVE! Program.

## To get started

1. Let your VA Primary Care Team know that you are interested in MOVE!.
2. Complete the MOVE!11 Getting Started Questionnaire to get personalized feedback on your current health status. It is an 11 item questionnaire that asks basic questions about your weight, health and prior attempts at weight loss and generates an individualized report that includes a list of recommended MOVE! handouts for you.
3. Print and Review your MOVE!11 Getting Started Questionnaire report with your team, who will help you set some initial goals.
4. With your teams guidance, chose from the MOVE! Treatment Options available at your facility.

Not A Veteran Receiving Care at the VA? No problem! MOVE! Handouts and MOVE! Coach mobile app are available to individuals interested in learning more about weight management.

## **MOVE! Options of Care for Veterans include:**

- Move! Group Sessions - Time limited, clinician-led groups;
- Move! Telephone Lifestyle Coaching - One-on-one contact via telephone with coach;
- TeleMOVE!- Frequent reminders to stay on track that include daily interaction with in-home messaging technologies and clinician contact
- Move! Coach - A mobile app for veterans who prefer to manage their weight on their own
- Weight Loss Medications and Bariatric Surgery—Veterans who have tried MOVE! But still struggle with weight management.

Treatment options vary by facility. For more information visit <https://www.move.va.gov/MOVE/index.asp>.

## Hernando County

### Veterans Services Information



#### **VA Outpatient Clinic**

Brooksville CBOC  
14540 Cortez Blvd, Suite 108  
Brooksville, FL 34613  
**Keith Growe**  
LCSW / Social Worker  
Phone: (352) 597-8287 Ext. 4121  
Fax: (813) 631-3458  
Email: [keith.growe2@va.gov](mailto:keith.growe2@va.gov)



#### **Career Source Pasco Hernando Veteran Employment Services**

7361 Forest Oaks Blvd.  
Spring Hill, FL 34606  
**Marty Monegro:**  
(352) 200-3022



**Your Local Veteran Service Office**

**Tony Graham HM2 USN, (FMF)**

Veteran Services Manager, CVSO

[tgraham@co.hernando.fl.us](mailto:tgraham@co.hernando.fl.us)

**621 West Jefferson Street**

**Brooksville, FL 34601**

**Phone (352) 754-4033**

**Fax (352) 754-4726**

**Monday - Friday**

**8 AM - 5 PM Closed 12-1 for Lunch**

**Visit our website to see all of the benefits available to Hernando County Veterans**

Services, Medical Facilities, Shuttle

Services, Form & Publications & Much More!!

For more information go to:

<http://www.hernandocounty.us/departments/departments-n-z/veteran-services>

# HIGHLIGHTED RESOURCES

**VITA**  
Volunteer Income Tax Assistance

**FREE TAX PREPARATION**



- Last year 804 tax returns were completed FREE of charge
- VITA saved Hernando County an estimated \$201,000
- Total Refund amount of \$840,759!



**Tax Preparation Sites**

2019



**Mining Association  
Enrichment Center**

352-688-8502  
\*Appointment ONLY

Mondays & Fridays  
9:30am-1:00pm

Site opens January 25th  
through April 12th  
Closed President's Day 2/18

800 John Gary Grubbs Blvd.  
Brooksville, FL 34601

**United Way of  
Hernando County**

352-251-7178  
\*Appointment ONLY

Tuesdays & Thursdays  
9:00am-12:00pm

Site opens January 22nd  
through April 11th

4028 Commercial Way  
Spring Hill, FL 34606

**Spring Hill Library**

352-688-8502  
\*Appointment ONLY

Fridays & Saturdays  
10:00am-1:00pm

Site opens January 25th  
through April 13th

9220 Spring Hill Drive  
Spring Hill, FL 34608

**This free tax preparation is available to those who:**

- have a low-to-moderate income (generally, \$66,000 and below)
- have no rental property or farm income
- may have a small Schedule C-EZ (expenses \$25,000 or less & no net loss)
- must have picture ID (husband and wife if married)
- must have Social Security Card(s) or statement from Social Security Office for all listed on return (copies accepted)
- Form 1095-A (Health Insurance Statement, if applicable)
- bring a copy of previous year's tax return (if available)

Mobile One Unit Bus Locations:  
*Save your spot. Must call to make an appointment!*  
352-688-8502



**Publix at Hernando West**  
1400 Pinehurst Drive  
Wed, February 13, 2019  
4:00pm-7:00pm

**Publix at Barclay**  
14371 Spring Hill Drive  
Wed, February 20, 2019  
4:00pm-7:00pm

**Did You Know?**

You may be eligible to receive an EARNED INCOME TAX CREDIT worth up to \$6,431

ALL TAXES PREPARED BY IRS TRAINED & CERTIFIED VOLUNTEERS

Proud Partners:

The Enrichment Centers

CareerSource PASCO | HERNANDO

IRS Partnership

UF IFAS UNIVERSITY OF FLORIDA

2-1-1 Hernando  
Get Connected. Get Answers.

To complete your Return online for FREE, visit [www.MyFreeTaxes.org](http://www.MyFreeTaxes.org)  
Dial 2-1-1 or visit [www.UnitedWayHernando.org/211](http://www.UnitedWayHernando.org/211) for more details



To complete your Return online for FREE, visit <https://irs.treasury.gov/freetaxprep/>, dial 2-1-1 or visit <http://211hernando.bowmansystems.com/> for more details.



**Tourist Development:** <http://floridasadventurecoast.com/>

**Hernando County Parks & Recreation:** [http://www.hernandocounty.us/Parks\\_Rec/](http://www.hernandocounty.us/Parks_Rec/)



Check it out!  
**Hernando County Public Library**  
<http://www.hepl.lib.fl.us/>



**Florida's ADVENTURE COAST**  
BROOKSVILLE • WEEKI WACHEE  
— Florida's Adventure Coast.com —  
<http://floridasadventurecoast.com/>

# COMMUNITY EVENTS

Activities— Come Out and Enjoy the Town

IT STARTS IN PARKS  
Coaching. Connecting. Community.

City of Brooksville Parks and Recreation

Friends of the Children, Inc.

Mobile Gaming Revolution

Outdoor Laser Tag

Bumper Ball

Friday night  
DONE RIGHT  
No alcohol. No dope

January 25, 2019

6-8 pm Tom Varn Park  
301 Darby Lane, Brooksville, FL 34601

FOR ALL MIDDLE & HIGH SCHOOL KIDS

For more information call 352-540-3830 or email JRaffaelli@cityofbrooksville.us

## 2019 Martin Luther King Jr. Parade

January 21, 2019

9:00 AM until Noon

Oakwood Drive to Howell Avenue  
Parade Ending at Ft. Dade Avenue.



**RESCHEDULED**

**Snow Bash 2018**

**RESCHEDULED DUE TO RAIN  
JANUARY 5**

Tom Varn Park | 9am - 3pm  
301 Darby Ln, Brooksville, FL 34601

**Live Entertainment!**

- Music
- Games
- Vendors
- Food Trucks

**REAL snow with a sledding area!**  
(NOT actual sled. Graphic representation ONLY)

Purchase Tickets at:  
[TheSeedFoundation.org](http://TheSeedFoundation.org)

**EARLY BIRD SPECIAL:**  
\$3 per person & \$3 Parking  
(Prices Good Until OCT. 31st)

**AFTER OCTOBER 31st:**  
\$5 per person & \$5 Parking

**f Snow Bash! 2018**

**Benefiting NonProfits:** The SEED Foundation, Hernando County Education Foundation, Boy Scouts, Civil Air Patrol, Veterans HEAT Factory and The Friends of the Children, Inc.



## HOT MEALS SITES & MORE



Free Meal  
Every  
Wednesday  
5-6 PM

375 S. Broad Street  
Brooksville, FL 34601  
352-587-2425



### First United Methodist Church of Spring Hill

Receive a hot nutritious meal  
4:00 PM - 5:30 PM every Tuesday  
9344 Spring Hill Drive, Spring Hill  
for all those in need for more information  
call (352) 683-2600 Ext. 1

### Northcliffe Food Ministries



**Soup Kitchen**  
Every Thursday

11 AM - Noon

Served in the Fellowship Hall

#### Northcliffe Baptist Church

10515 Northcliffe Blvd  
Spring Hill, FL 34608

352-683-5882

[www.northcliffeonline.org](http://www.northcliffeonline.org)



#### Grace's Closet

Free Clothing for the family  
1 bag every 4 weeks

#### Food Pantry

2 food bags once every 2 months

#### Grace Presbyterian Church

8375 Spring Hill Drive  
352-683-2082

**Open Tuesday 9—11 am**

#### HERNANDO MISSION

6032 Barclay Ave  
Brooksville, FL. 34604



**MONTHLY FOOD DISTRIBUTION: EVERY  
FOURTH THURSDAY OF EACH MONTH FROM  
10:00 AM-12:00 NOON**  
PHONE: (352) 596-1878

[www.hernandomissionchurch.org](http://www.hernandomissionchurch.org)

Like & Follow: Facebook.com/hernandomission

#### PHP Hunger Helpline

**352-405-1115**

If you need food or other necessities, call our  
Hunger Helpline 7 days a week from 8am -  
8pm and we will come to you and/or direct  
you to the best resource.



#### Joseph's House Brooksville

823 Josephine St., Brooksville, FL 34601

352-600-8295 - <http://jhbv.org>

Free Hot Meal

Every Friday at 5 PM



#### St. Joan of Arc Catholic Church

offers "In His Footsteps"

soup & sandwich outreach program

The 1st Thursday of every month

Noon to 2:00 PM

Parish Hall of the Church

13485 Spring Hill Dr., Spring Hill

The meal is free of charge. For more information,  
please call **352-688-0663**

#### God's Clothes Closet

Open 9:30am—1:10pm

#### Christ Lutheran Church

475 North Ave. W  
Brooksville, FL 34601  
352-796-8331

#### Our Community



DOING  
THE MOST  
GOOD™

**Every Tuesday**

**Food Pantry: 9AM - 1PM**

#### The Salvation Army

15464 Cortez Blvd.  
Brooksville, FL 34613

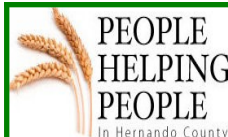
352-796-1186

**Bread & Pastries**

Mon. Tue., Thurs. & Fri. .

9:00 AM – 4:00 PM

Fri. 9:00AM— 1:00PM



AN INTERFAITH COMMUNITY  
SERVING PEOPLE IN NEED

#### People Helping People In Hernando Co

**Free Sunday Dinner** Every Sunday 4 PM - 5:30 PM

**Senior Citizens Center of Hernando County**

7925 Rhanbuoy Rd Spring Hill, FL 34606

#### Free Meal

Every Tuesday at 2:00 PM – 3:00 PM  
Next to Mophead,  
1400 Kass Circle., Spring Hill, FL 34606

Every Tuesday at 4:00 PM – 5:00 PM  
In the Winn Dixie Parking Lot Brooksville  
1230 Broad Street, Brooksville, FL 34601

Ron Van Matre 352-686-4466

[www.phpinhc.org](http://www.phpinhc.org)