



HERNANDO COUNTY HEALTH AND HUMAN SERVICES

January 2018



VITA FREE TAX PREPARATION

Volunteer Income Tax Assistance

-Last year 920 tax returns were completed FREE of charge
 -VITA saved Hernando County an estimated \$230,000
 -Total Refund amount of \$930,353!

Health and Human Services
 621 West Jefferson Street,
 Brooksville, FL 34601
 Phone : (352) 540-4338
 Fax: (352) 5404339
 Website: <http://www.hernandocounty.us/HealthandHumanServices/>

Tax Preparation Sites 2018

| Mining Association Enrichment Center | United Way of Hernando County | Spring Hill Library |
|--|--|--|
| 352-688-8502 *Appointment Only | 352-200-3030 *Appointment Only | 352-688-8502 *Appointment Only |
| Mondays & Fridays 9:30am-1:00pm | Tuesdays & Thursdays 9:00am-12:00pm | Fridays & Saturdays 10:00am-1:00pm |
| Site opens January 22nd through April 13th | Site opens January 23rd through April 12th | Site opens January 26th through April 14th |
| Closed Monday 2/19 Closed Good Friday 3/30 800 John Gary Grubbs Blvd. Brooksville, FL 34601 | 4028 Commercial Way Spring Hill, FL 34606 | Closed Friday 2/16 Closed Good Friday 3/30 9220 Spring Hill Drive Spring Hill, FL 34608 |

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HEALTH AND HUMAN SERVICES

Mission Statement:

Providing diverse services designed to assist with resolving human service needs through state mandates, direct services, advocacy and networking.

Goal: Our goal is to provide interim assistance to Hernando County residents in need and promote social and economic self-sufficiency.

- This free tax preparation is available to those who:**
- have a low-to-moderate income (generally, \$66,000 and below)
 - have no rental property or farm income
 - may have a small Schedule C-EZ (expenses \$25,000 or less & no net loss)
 - must have picture ID (husband and wife if married)
 - must have Social Security Card(s) or statement from Social Security Office for all listed on return (copies accepted)
 - Form 1095-A (Health Insurance Statement, if applicable)
 - bring a copy of previous year's tax return (if available)

Mobile One Unit Bus Locations:
 Save your spot. Must call to make an appointment!
 352-688-8502



| | |
|--|--|
| Publix at Hernando West 1400 Pinehurst Drive Wed. February 7, 2018 4:00pm-7:00pm | Publix at Barclay 14371 Spring Hill Drive Wed. February 28, 2018 4:00pm-7:00pm |
|--|--|

Did You Know?
 You may be eligible to receive an EARNED INCOME TAX CREDIT worth up to \$6,318

ALL TAXES PREPARED BY IRS TRAINED & CERTIFIED VOLUNTEERS



To complete your Return online for FREE, visit www.MyFreeTaxes.org
 Dial 2-1-1 or visit www.UnitedWayHernando.org/211 for more details



EMPLOYMENT AND EDUCATION

EMPLOYMENT LINKS

CareerSource Pasco Hernando:
352-200-3020
www.careersourcepascohernando.com

IR Staffing: 1-800-261-9188
www.irstaffing.us

Temporary Employment Agencies:

Labor Ready: 352-796-3264
www.laborready.com

Spherion: 352-796-6000
www.spherion.com

Manpower: 352-592-8071
<https://www.manpower.com>



SCHOLARSHIP MONEY FOR EDUCATION

Every year thousands of dollars in scholarship money goes un-awarded. Many of these scholarships are easy to qualify for but they require student to fill out an application. **Saturday, January 27, 2018 at Towne Square Mall, 3021 Commercial Way, Spring Hill, FL 34606,** School Board member, Mark Johnson is offering a FREE workshop to help students complete scholarship applications. Please register for this event at the link below.

<http://hernandopost.com/scholarship-money-for-education/>

Education Links

Hernando Adult Education Program: 352-797-7018
<https://www.hernandoschools.org/Domain/1037>

Pasco-Hernando State College:
352-688-8798 www.phsc.edu

Suncoast Technical Education Center: 352-352-797-7091
www.sunteched.com/

Mid Florida Community Services, Inc.—Head Start in Hernando County: 888-227-0010
www.mfcs.us.com/programs

Early Learning Coalition of Pasco & Hernando Counties, Inc.: 352-754-5068 www.phelc.org/vpkparentinformation.php

Vocational Rehabilitation <https://www.careersourcepascohernando.com/>

Customer Workshops

CareerSource Pasco Hernando is proud to present a series of **Ecourses** designed to better prepare Job Seekers to meet employer's needs. By making you "Job Ready" you become a first choice applicant with extra knowledge and skills demanded in our current marketplace. **Call: 352-200-3020**



Visit the Client Dashboard page to sign up for one of the described E-Courses below.

Are You Job Ready?

- Career Changers
- How to Retain Your Job
- Improve Communication Skills
- Interviewing Skills
- Job Application-How to Complete
- Networking: Social, Technical, Professional
- New Beginning for the Ex-Offender
- Power Job Search Technique
- Writing a Winning Resume
- Dress for Success
- Creative Resumes
- EFM Essentials
- Nail That Interview

PLEASE NOTE: Workshop schedules for each of the CareerSource Pasco Hernando One Stop locations vary so please check the schedule at CareerSourcePascoHernando.com by clicking on the "User Login" located in the upper right hand corner of the website. Not registered? It is very simple.

"Our greatest natural resource is the minds of our children" ~ Walt Disney

HOUSING AND SHELTER

HOME REPAIR DO'S & DON'TS AFTER THE STORM

(Some Construction Contracting Do's and Don'ts recommendation by Community Legal Services of Mid Florida)

- **DO** ask to see the contractor's license and make sure it matches the person;
- **DO** determine how long the contractor has been in business;
- **DO** contact the Department of Business and Professional Regulation (1-850-487-2252) or www.myflorida.com to verify the current status of the license;
- **DO** ask for references and check them out;
- **DO** choose several contractors and get estimates from each; and
- **DO** get the agreement in writing – read the contract, fill in all the blank spaces, make sure it contains the contractor's name, address, telephone number, license number, description of the work, completion date, and any warranty agreements.
- **DON'T** hire a contractor who requires advance payment – arrange to pay upon completion or in installments;
- **DON'T** sign the work completion certificate until all the work is satisfactorily completed;
- **DON'T** pay cash; and
- **DON'T** pull the construction permits.

Watch Out for Scams!

Victims of Natural Disasters should take care not to be victimized a second time – by unscrupulous adjusters, contractors or retailers.

Verify that an adjuster is licensed by calling **1-800-227-8676** .

Consumers should verify that a FEMA (Federal Emergency Management Agency) or SBA (Small Business Administration) representative has a laminated photo ID card. A FEMA or SBA jacket or shirt is not proof of an affiliation.

“The price-gouging statute does not forbid making a profit but it does forbid profiteering.”

Consumers can check if a contractor is licensed at www.myfloridalicense.com .

Any suspected fraud or price gouging can be reported to the State Attorney General's office at

1-866-966-7226 .

For more information about legal services or specific issues, please visit the web at <https://clsmf.org/>, or call 1-800-405-1417.



Jericho Road Ministries

<http://www.jericho-road.net/>

The Dawn Center

<http://www.thedawncenter.com/>

New Beginnings Shelter

<http://www.yfainc.org/>

The Life Center [http://](http://www.lifecenterofhernando.com/)

www.lifecenterofhernando.com/

Mid-Florida Homeless Coalition [http://](http://www.midfloridahomeless.org/)

www.midfloridahomeless.org/

HHS Listing of Area Shelters

<http://www.hernandocounty.us/HealthandHumanServices/homeless/index.asp>

HHS Low and Affordable Apartment Listing

<http://www.hernandocounty.us/HealthandHumanServices/housing/index.asp>

Hernando County Housing Authority

<http://www.hernandocounty.us/housing/>

Hernando Down Payment Assistance Program—NSP3

<http://www.hernandodownpayment.com/>



COMMUNITY RESOURCE UPDATE



For a second year, Hernando County residents and visitors are encouraged to take part in the Great Hernando Weight Loss Challenge, a community health initiative taking place from Saturday, **January 20, 2018 until Wednesday, April 4, 2018**. The challenge is based on teams of 10 individuals working together to lose 10 pounds in 10 weeks. The cost to participate is \$10 per person.

An informational meeting will be held Tuesday, December 5, 2017 from 5pm to 6pm at the Hernando County Library- West Hernando Branch, 6335 Blackbird Ave, Brooksville (near Withlacoochee Electric) for those who want to organize a team. Details on important dates, deadlines, awards, rules and required paperwork will be available.

For more information on the 2018 Great Hernando Weight Loss Challenge informational meeting, Ann-Gayl Ellis at 352-540-6817 or Ann-Gayl.Ellis@flhealth.gov or Angie Bonfardino at 352-688-2026 or angie@unitedwayhernando.org.



Hernando Cares

<http://hernandocares.org/>



NAMI –National Alliance of Mental Illness: <http://www.flnamihernando.org/>



BayCare Behavioral Health: <https://www.baycare.org/services/behavioral-health>

<https://www.baycare.org/services/behavioral-health>



Martin Luther King Jr. Dream Big Parade Monday January 15 in Brooksville

Habitat for Humanity of Hernando County are joining the Martin Luther King Jr. Dream Big Parade on Monday January 15 in Brooksville. The parade begins at 10am and will begin on Oakwood, then left onto Howell to Ft. Dade, left to Bell Ave and then returning to Hernando High School. If you would like to join the parade as part of the Habitat Team, we will be meeting at Hernando High School at 8am. Wear your Habitat shirt if you have one. Contact Marina on 352-754-1159 for more information. Come out and show your support. We look forward to seeing you.

Coast2CoastRx

Free Discount Prescription Card



- Save up to 75% on prescriptions
- Individuals or families can use
- 60,000 participating pharmacies
- Use immediately with no paperwork to fill out
- No health restrictions – Everyone is accepted
- No fee ever charged for the card
- Save on brand and generic drugs
- Covers drugs not covered in health plans
- Covers many pet prescriptions

Save on your family's dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services – all non-insurance discounted benefits – call 1-800-931-8872 or go to www.coast2coastrx.com for more information on all benefits and to print out a card, search for a provider and see frequently asked questions.

Cards can be obtained at :
Hernando County Health & Human Services
621 West Jefferson
Brooksville, FL 34601

PHYSICAL AND MENTAL HEALTH

DEMENTIA CARE SEMINAR

YOU ARE NOT ALONE!
FREE EDUCATIONAL & INTERACTIVE SEMINAR FOR FAMILIES & CAREGIVERS FOCUSING ON LOVED ONES LIVING WITH DEMENTIA OR ALZHEIMER'S



GARY JOSEPH LEBLANC

Author of Staying Afloat in a Sea of Forgetfulness, as well as Managing Alzheimer's and Dementia Behaviors

Presenter Gary LeBlanc is the founder of the Alzheimer's/Dementia Hospital Wristband Project and co-founder of Dementia Mentors. He utilizes his 5,000 plus days and nights of personal caregiving experience to help other Alzheimer's and dementia caregivers cope with the everyday challenges and emotional struggles of caring for the memory-impaired. Join him for an eye opening journey of what is, and what could be possible.



LINDA BURHANS

National Speaker on Caregiver Advocacy & author of Good Night and God Bless & Radio Show Host for "Connecting Caregivers"

Linda Burhans is a national speaker on Caregiver Advocacy. She shares lessons learned and coping tools with thousands of caregivers. The most important thing she teaches is that caregivers need and deserve the time and space to take care of themselves. "Help is available and it is okay to accept that help."

WEDNESDAY,
JANUARY 24TH
9:30AM - 12:00PM
ST. FRANCES CABRINI CHURCH
Classrooms 9, 10, & 11
5030 Mariner Blvd, Spring Hill, FL 34609
RSVP TO GARY LEBLANC
CALL: 352-345-6270
EMAIL: INFO@COMMONSENSECAREGIVING.COM

FREE MEMORY SCREENINGS
BY STEDMAN CLINICAL TRIALS

THIS HEALTH INITIATIVE IS SUPPORTED BY:



COMMONSENSECAREGIVING.COM

UNITEDWAYHERNANDO.ORG



Florida Department of Health, Hernando County

7551 Forest Oaks Blvd.
Spring Hill, FL 34606

And 300 S. Main Street
Brooksville, FL 34601
352-540-6800

<http://hernando.floridahealth.gov/>



Premier Health Care

352-518-2000

<http://www.premierhc.org/>

Florida KidCare

Florida KidCare

888-540-5437

<https://www.healthykids.org/apply/>



Apply for assistance from any computer with an internet connection at: <https://dcf-access.dcf.state.fl.us/access/index.do>

Paper applications available at your local Customer Service Center. Go to: <http://www.dcf.state.fl.us/programs/access/map.shtml> to find a center near you.

For More Information call Toll Free: (866) 762-2237

Crescent Community Clinic

5244 Commercial Way Spring Hill 34606
(352) 610-9916



For more information visit: www.crescentclinic.org

PREMIER Community HealthCare
YOUR HEALTH. OUR MISSION.

The best protection is early detection.

Well-Woman Exam Voucher
FOR USE ON: JANUARY 17, 2018 ONLY

✓ **FREE Clinical Breast Exam**
✓ **FREE Pelvic Exam**
✓ **FREE Pap Test**

Schedule your Pap test!
Pap tests are important because:

- They can save your life.
- They can detect abnormal cells long before they become cancerous.
- Most importantly, you will be able to continue taking care of your family with peace of mind.

Appointments are required.
Call 352-518-2000 for participating locations and to schedule your screening

Most insurance plans (including Medicaid) cover (1) Well Woman Exam per year. Not redeemable for cash. Nontransferable. Copies not accepted, must have original certificate. Must be an adult 21 years or older, uninsured and meet income eligibility guidelines. Limited slots available, please call to schedule an appointment 352-518-2000. For more information on Premier services and locations, visit: www.PremierHC.org

“Your present circumstances don’t determine where you can go, they merely determine where you start” ~ Nido Qubein

VETERAN SERVICES

“Honor the soldier and sailor everywhere, who bravely bear his country’s cause. Honor, also, to the citizens who cares for his brother in the field and serves as he best can, the same cause” ~ Abraham Lincoln

Smoking Quitline

Tobacco quitlines can double your chance of quitting compared to getting no support at all. You are even more likely to be successful when you use a quitline and take smoking cessation medication.

Any Veteran receiving health care through VA is eligible to use the Quit Vet Quitline. Call 1-855-QUIT-VET (1-855-784-8838) to speak with a tobacco cessation counselor Monday—Friday. The quitline is closed on Federal holidays.

Counseling is available in English and Spanish.

Speak with a Quit VET Counselor and get:

- ◆ Help developing a quit plan
- ◆ Individualize counseling
- ◆ Strategies to prevent relapse
- ◆ Follow-up calls to help you stay quit

Your counselor may ask specific questions about your tobacco use, quitting history, and motivations to quit in order to help create a quit plan that works for you. **Any information provided to the counselor during the call is kept private. It will not be shared with your VA health care provider or entered in your VA electronic medial record.**

Your first call to 1-855-QUIT-VET will last about 15 to 30 minutes. Counselors are unable to provide smoking cessation medication to callers. Talk to your VA healthcare provider about using medication and let them know that you are using the Quit VET quit line.

Also consider SmokefreeVet, a free text messaging program to provide daily support, advice and encouragement. Sign up by texting the word VET to 47848 from your mobile phone or by visiting smokefree.gov/VET. For Spanish, text VETesp to 47848 or visit smokefree.gov/VETespanol.



Hernando County

Veterans



VA Outpatient Clinic

Brooksville CBOC
14540 Cortez Blvd, Suite 108
Brooksville, FL 34613

Keith Growe

LCSW / Social Worker
Phone: (352) 597-8287 Ext. 4121
Fax: (813) 631-3458
Email: keith.growe2@va.gov



Career Source Pasco Hernando Veteran Employment Services

7361 Forest Oaks Blvd.
Spring Hill, FL 34606

Marty Monegro:

(352) 200-3022



Your Local Veteran Service Office

Tony Graham HM2 USN, (FMF)

Veteran Services Manager, CVSO

tgraham@co.hernando.fl.us

621 West Jefferson Street

Brooksville, FL 34601

Phone (352) 754-4033

Fax (352) 754-4726

Monday - Friday

8 AM - 5 PM Closed 12-1 for Lunch

Visit our website to see all of the benefits available to Hernando County Veterans

Services, Medical Facilities, Shuttle

Services, Form & Publications & Much More!!

For more information go to:

http://www.co.hernando.fl.us/veteran_services/

HOT MEALS SITES & MORE



Free Meal

Every

Wednesday

5 - 6 PM

375 S. Broad Street
Brooksville, FL 34601
352-587-2425

Our Community



First United Methodist Church of Spring Hill

Receive a hot nutritious meal
4:00 PM - 5:30 PM every Tuesday
9344 Spring Hill Drive, Spring Hill

for all those in need for more information

call (352) 683-2600 Ext. 1

Northcliffe Food Ministries



Soup Kitchen

Every Thursday

11 AM - Noon

Served in the Fellowship Hall

Northcliffe Baptist Church

10515 Northcliffe Blvd

Spring Hill, FL 34608

352-683-5882

www.northcliffeonline.org



Grace's Closet

Free Clothing for the family

1 bag every 4 weeks

Food Pantry

2 food bags once every 2 months

Grace Presbyterian Church

8375 Spring Hill Drive

352-683-2082

Open Tuesday 9—11 am

God's Clothes Closet

Open 9:30am—1:10pm

Christ Lutheran Church

475 North Ave. W

Brooksville, FL 34

352-796-8331

Joseph's House Brooksville

823 Josephine St., Brooksville, FL 34601

352-600-8295 - <http://jhbv.org>

Free Hot Meal

Every Friday at 5 PM



FEED THE HUNGRY

St. Joan of Arc Catholic Church

offers "In His Footsteps"

soup & sandwich outreach program

The 1st Thursday of every month

Noon to 2:00 PM

Parish Hall of the Church

13485 Spring Hill Dr., Spring Hill

The meal is **free of charge**. For more information, please call **352-688-0663**



DOING THE MOST GOOD™

The Salvation Army

15464 Cortez Blvd.
Brooksville, FL 34613
352-796-1186

Food Pantry

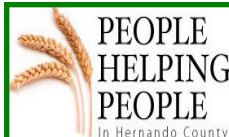
Every Tuesday

9 AM - 1 PM

Bread & Pastries

Mon. Thurs. & Fri.

9:00 AM - 4:00 PM



AN INTERFAITH COMMUNITY
SERVING PEOPLE IN NEED

People Helping People In Hernando Co

Free Sunday Dinner Every Sunday 4 PM - 5:30 PM

Senior Citizens Center of Hernando County

7925 Rhanbuoy Rd Spring Hill, FL 34606

Free Meal

Every Tuesday at 2:00 PM - 3:00 PM

Next to Mophead,

1400 Kass Circle., Spring Hill, FL 34606

Every Tuesday at 4:00 PM - 5:00 PM
In the Winn Dixie Parking Lot Brooksville
1230 Broad Street, Brooksville, FL 34601

Ron Van Matre 352-686-4466

www.phpinhc.org

COMMUNITY EVENTS

2018

Hernando County Water Awareness Series

Friday, January 19, 2018

Organic Winter Vegetable Gardening in Central Florida

While your northern family and friends shovel snow, you can be tending to your cool season veggie garden!

Friday, February 16, 2018

Basic Landscape Design for Florida Newcomers and Not-so-Newcomers

This class is for newcomers to Florida, newcomers to design principles or those who would like to add a professional touch to their current landscape.

Friday, March 16, 2018

Hernando County Flora and Fauna From The Sandhills to The Sea!

Hernando County Native Plant Society member, Rita Grant, will teach us about the plants and wildlife that inhabit Sandhill regions. Hernando County Extension Sea Grant Agent, Brittany Hall-Scharf, will keep us up-to-date on the efforts being made in our coastal regions to restore wildlife and revitalize recreational opportunities.

Friday, April 20, 2018

Who Cares About (and for) the Springs?

Dr. Sean King of the Southwest Florida Water Management District will discuss Central Florida Springs, how creatures and humans depend on them, and how we can protect them. Dr. Andrew Pitkin, Karst Underwater Research will present Exploration and Discoveries at the Weeki Wachee Springs. This program will give us a perspective of the springs from a cave diver's view.

Friday, May 11, 2018

Take Control—Be Prepared

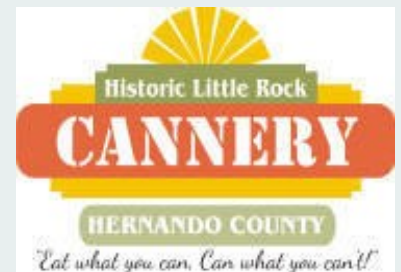
Emergency Management Director, Cecilia Patella, will let us know the lessons learned from the 2017 storm season, as well as how to be prepared for unexpected life events.

Sign up by calling 352-754-4705 or on-line at <http://HernandoWAS2018.eventbrite.com>



Tourist Development: <http://floridasadventurecoast.com/>

Hernando County Parks & Recreation: http://www.hernandocounty.us/Parks_Rec/



www.hernandocounty.us/cannery/



<http://www.hepl.lib.fl.us/>

Master Gardener Tree Giveaway Celebrate Arbor Day the Florida way!

**Saturday, January 13, 2018
9 AM -12 PM**

Meet Hernando County Forester Nicole Howard & learn how to care for your free tree.

Species and planting information will be provided.



Available species (bare rooted):

Flatwood plum
Chapman oak
Sugarberry
Fringetree
Parsley hawthorn



Join us at the Master Gardener Nursery
19490 Oliver St., Brooksville, 34601



Florida's
ADVENTURE COAST
BROOKSVILLE ♦ WEEKI WACHEE
— Florida's Adventure Coast.com —

<http://floridasadventurecoast.com/>

Community Events (continued)



2018 Raid On Brooksville 38th Annual Reenactment
 Food, Music, Demonstrations, Sutlers, Pony Rides, Chair Rentals. **PARKING FREE**

Where: Sand Hill Scout Reservation
 11210 Cortez Blvd., Brooksville

When: Saturday and Sunday, January 20 & 21, 2018

Presented by:
 • Hernando Historical Museum Association
 • North Pinellas County Scout Sertoma Club

Donations:
 • \$10 Adults
 • \$5 Youth 6-12 years old
 • FREE - 5 & under
 • \$3 Scouts in uniform

| SATURDAY | 9:00 A.M. Gates, Camps & Sutlers Open 9:30 A.M. Colors - Battle Field 10:30 A.M. Ladies Tea (period dress required) NOON Artillery Demonstration 1:30 P.M. Music by 7lbs. of Bacon Mess Band 2:30 P.M. Brooksville Raid Battle Flag Retirement Ceremony 5:30 P.M. Camps Close to Public | SUNDAY | 9:00 A.M. Gates, Camps & Sutlers Open 9:30 A.M. Colors - Battle Field 10:00 A.M. Church Service NOON Artillery Demonstration 12:30 P.M. Music by 7 lbs. of Bacon Mess Band 1:30 P.M. Grand Review 2:00 P.M. Brooksville Raid Battle 4:30 P.M. Camps Close to Public |
|----------|--|--------|--|
|----------|--|--------|--|

For Information, Call 352-799-0129 or visit www.BrooksvilleRaid.com

Logos: Tampa Bay Times, Sonny's BAR-B-Q, 106, Spectrum, Everglades FARM EQUIPMENT

K-Kountry 93.7 FM • 103.9 The Boot • WXJB FM 99.9 • Amerigas • Barney's of Brooksville



Hernando County Extension Services: <http://extension.hernandocounty.us/>




help feed this hungrytown music that feeds the soul

new, like a freshly minted copper penny. If you've been craving folk music of substance, head off to Hungrytown." -Feminist Review

The duo's mostly original material blends smart modern lyrics with a traditional Americana feel." -Dirty Linen

perfectly paired with Anderson's harmonies. Hall and Anderson have cultivated a wonderful musical rapport that will endear them to many as they continue to tour and record. -Seven Days

performances that we have ever heard." ***** Roots Music Report

"I love the sound of Rebecca Hall's voice. There's a sweetness and a worldly wisdom in perfect balance." -Roger Hebburn

Saturday, January 20, 2018 at 2PM -3PM
 9220 Spring Hill Drive, Spring Hill, FL 34608
 Free Event

Enjoy live music at your local library as you help feed the hungry. Bring along canned or other non-perishable food items, a food-related gift certificate or pet food for those less fortunate.



The Bus: <http://www.hernanodobus.com/>



"It is not more bigness that should be our goal. We must attempt, rather, to bring people back to...the warmth of community, to the worth of individual effort and responsibility...and of individuals working together as a community, to better their lives and their children's future". ~ Robert F. Kennedy